

Lesson 5 Self-Assessment (Review)¹

Learning objectives

- To measure progress in your learning about FairShares Labs (FSL) and being an FSL trainer
- To identify what you need to follow up in more depth

Description of the content of the lesson

In this lesson you will do the self-assessment test again and discuss your progress and consider if you have that basic potential of knowledge and skills to become an FSL trainer.

Resources required

Copy of the self-assessment questionnaire for this lesson and a pen.

Content

Download and fill out the self-assessment questionnaire² again and compare the outcomes.

- Which competencies have I developed to become a FairShares Lab trainer?
- Which competencies do I have to improve or develop?
- Devise a plan for following up on your learning.

Evaluation of the lesson

- In which way was it helpful for you to repeat the self-assessment test?
- Have you found learning needs that require further exploration?
- Do you feel sufficiently comfortable and self-confident to become an FSL-trainer?

Expectations of the FairShares Trainer

Critical self-reflection.

Time

Up to 45 mins.

Additional resources

[Keisey personality assessment](#): This URL takes you to a 70-item questionnaire to assess personality.

[Big 5 personalities assessment](#): This URL takes you to an inventory developed by Goldberg (1992) that assesses the 'big five' factors in personality testing.

[Mayers personality test](#): This URL takes you to another personality testing instrument that distinguishes Analysts, Diplomats, Sentinels and Explorers.

[Map your professional career path](#): This final URL offers an instrument to assess your career path.

¹ You can do this lesson here but also at the end of the online course if you think that this fits better

² Watch out: the answers are different from the test in lesson 2!