

# Lesson 1 Introduction

## Learning objectives

To know what the expectations are of being an FairShares Lab (FSL) trainer.

## Description of the content of the lesson

In this lesson you will get more information about the FSL Train the Trainer course. You will be asked to evaluate and reflect on your previous experiences as a trainer or business advisor.

## Resources required

Computer with internet connection, pen, paper and access to a printer.

Enrolment on course at [fsi.coop/courses](https://fsi.coop/courses).

## Content

- Watch the **Video**<sup>1</sup> introduction by a tutor and study the draft curriculum of the structure of the course, its aim and objectives and resource requirements (native language speaker).
- If you are studying in English, an introduction by Professor Rory Ridley-Duff has been pre-recorded for you.

## Learning activity: Open discussion

- Ask participants to write down their experiences of being a trainer.
- What experiences do you have as a trainer?
- What do you like about being a trainer?
- What are difficult situations for you as a trainer to cope with?
- Exchange in the group.

## Evaluation of the lesson

- Do your expectations correspond with the training structure and its objectives?
- Do you think you can sufficiently build on your earlier experience as a trainer?

## Expectations of the FairShares Trainer

- Incorporating the training structure and its objectives
- Describing own experience as a trainer

## Time

1 hr

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<sup>1</sup> This video can be created by each partner in the language based on [text "becoming a FSL trainer"](#) of their country or we create one video in English language and each partner creates subtitles in their own language.

## Additional resources

- [The Simple Guide To FairShares](#): This video provides an overview of the complexities that are simplified through the application of the FairShares Model.
- [Introducing the FairShares Model V3.0](#): This article at the P2P Foundation reproduces material from the FairShares Association website about V3.0.
- [The Case for FairShares](#) (PDF Format): This seminal book brought together all the early work on defining the FairShares Model, and published models rules that have been adopted and further developed by project partners.
- **Available in Print Format** [from Amazon](#) and online retailers (approx. £10 / €11).

